

18 November 2025

Dear Parent/Carer

Year 4 History – Anglo-Saxons

As part of the Year 4 History unit, pupils have been learning about the Anglo-Saxons. In the lead-up to Christmas, the children will be studying Anglo-Saxon artefacts and exploring the different roles within Anglo-Saxon life.

Over the next few weeks, the children will have the opportunity to step into some of these roles themselves. One of these roles will be that of a cook or baker, during which they will make simple Anglo-Saxon-style foods using natural ingredients such as berries, oats, and honey.

As part of this activity, children may be given the option to taste the food they have prepared. If you would prefer your child not to take part in any food tasting, please inform the school office. Your child will continue to take part fully in the activity but will not participate in the tasting element.

Yours sincerely

K McDougall

Miss K McDougall
Assistant Head of School